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**Title/Título:** Adolescence: Crisis or change? Parental views

Adolescencia: Crisis o cambio? Perspectivas de los padres

**Topic:** Parents as educators, their challenging role and current status in school, family and community relationships

Los padres y madres como educadores, los retos de su rol y su situación actual en las relaciones que se establecen entre las familias, los centros docentes y las entidades y servicios sociales comunitarios

**Presentation time/Día de presentación:** Session in English. Friday 16, 10:15-11:45 a.m. Room 1, Third Floor

Sesión en Inglés. Viernes 16, 10:15-11:45 a.m. Sala 1, Tercer Piso

### **Abstract**

Considering that the different parental views about adolescence may have an important role in the relation between parents and adolescents, and also an impact on the relation with other educators, this study aims to: 1) identify parental ideas about adolescence; 2) verify if parents recognise the various transformations typical of adolescence; and 3) clarify the interpretation they make of the behaviour associated with these transformations. Data was obtained from 232 parents, by means of a questionnaire which contained two scales. This instrument included several questions elaborated according to two different perspectives about adolescence: the developmental perspective and the crisis perspective. The results show that parental views are predominantly influenced by a developmental perspective although they may be also affected by the crisis perspective, particularly in the case of mothers. Furthermore, the results reveal that most parents tend to acknowledge the different changes that are typical of this stage of life, and to understand their impact on the adolescent's behaviour.