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**Title/Título:** Challenging Parents, Teacher Characteristics and Teacher Stress

Padres retadores, características del profesorado y estrés en el profesor

**Topic:** Parents-teachers mutual obligations and different dimensions of partnerships

Obligaciones mutuas entre padres y profesores y educadores, y las distintas dimensiones en que se establecen sus relaciones

**Presentation time/Día de presentación:** Session in English. Thursday 15, 12:15-1:45 p.m. Room 2, Third Floor

Sesión en Inglés. Jueves 15, 12:15-1:45 p.m. Sala 2, Tercer Piso

### **Abstract**

This study examined the relation between perceived challenging parental behaviour and burnout, stress, self-efficacy, negative affect, negative self-appraisal and collegial support in 121 Dutch primary school teachers. A survey method was used to measure teacher perceptions of prevalence of parental problem-behavior and stress brought about in the relation with difficult parents. Negative teacher-parent relations were predicted by several indicators for teacher stress and burnout. Significant correlations were found among emotional exhaustion, depersonalization, reduced personal accomplishment, negative affect, low self-efficacy lacking support from colleagues and negative relationships with parents. It was concluded that teacher characteristics must be taken into consideration both to prevent and to treat stress and burnout among primary school teachers. A tool aimed at altering the meaning of negative experiences to the teacher and helping the teacher develop better coping skills is discussed.